

## UPCOMING EVENTS

Colonel Robert F. Thomas  
Promotion ceremony  
6/October/2011  
10:30 AM

Joint Force Headquarters Auditorium  
1410 Riverside Dr  
Jackson, MS

**Happy Halloween 10/31/2011**

### Safety Tips:

1. Check the wrappers of candy for tampering. Throw away any that is not wrapped.
2. Instruct your children not to eat anything until the candy has been inspected.
3. Wash and cut fruit before eating.
4. Set a time limit for your children to be home. Tell them to only go to houses that have porch lights on.
5. Small children should be accompanied by an adult.
6. Make sure your child carries a flashlight or something reflective for oncoming traffic.

## STRONG BONDS

### Upcoming Events:

To be announced for Strong Bonds in the next few issues.

## SUPPORT OUT TROOPS

### Candy Drive For Deploying Service Members

Anyone, schools, FRG's or any organization that would like to contribute to the candy drive please  
Contact: Jane Lyon  
601-313-6766

The candy will be placed on the SRP floor at Camp Shelby in canisters on each desk while the soldier processes through each department for clearance. Our service members stand in these lines for 3 to 4 hours to process their paperwork. Sometimes they do not have time to eat meals. Be a part of this project, contact us and we will have the chaplains pick up the candy. Please involve anyone or organization to help our troops.

## Military Families



1-888-288-4898

**AFTER HOURS NUMBER**

*For Emergencies*

Family Programs wants to hear from your unit. Contact us by email to give us that important information to be placed in the newsletter.

[olevia.lyon@us.army.mil](mailto:olevia.lyon@us.army.mil)





**MISSISSIPPI STATE FAIR**  
**OCTOBER 5, 2011 UNTIL**  
**OCTOBER 16, 2011**

#### **SIGN UP TO WORK THE MS STATE FAIR**

This is the NCO Association's Ways/Means Project for the year.

Work just 4 hours, you and your family can park your car, get in free. Night food and drinks are provided to the work force by the Coca-Cola Company and several different restaurants.

FOR MORE INFORMATION CALL:

JIM BISHOP AND SIGN UP TO WORK

601-201-5971 CELL

601-824-0304 WORK

601-824-4970 FAX

Email: [msngnco@bellsouth.net](mailto:msngnco@bellsouth.net)

**SHOW YOUR SUPPORT TO THE  
NCO ASSOCIATION, LADIES  
AUXILIARY AND THE MSNG**

## **October Events**



Happy Halloween!

Happy Columbus Day!

Celebrate Vegetarian Month!

### **Check out all October events**

[National Apple Month](#)

[National Breast Cancer Awareness Month](#)

[National Book Month](#)

[National Crime Prevention Month](#)

[German - American Heritage Month](#)

[Vegetarian Month](#)

[I Love Yarn Day](#)

[Fallen Firefighters Memorial Weekend](#)

[Columbus Day](#)

[Alaska Day](#)

[Pharmacy Week](#)

[Candy Corn Day](#)

[Halloween](#)



Dollar Tree has these really great fall leaves in packages of ten. I bought five packages. I also bought a sheet of foam board to make the rectangular backing. It is a lot easier to have the big flat surface of the foam board to attach the leaves to. Cut the board in half width-wise, and then cut out the middle, leaving a 4" border all the way around. It was about 1/4" thick and cut easily with a craft knife. Cut the wire stems off the leaves. Scrunch the leaves up a little to give them some dimension. I started hot-gluing them to the foam board. I was kind of concerned about getting them perfectly random and yet not putting too much of the same color too close together, but in the end it wasn't an issue. I scrunched and fluffed a little more once the wreath was hanging. This was super easy, quick (under an hour), inexpensive (\$6), and looks really nice hanging on your front door. Optional would be to hang a pumpkin from the center of the wreath.

# YOUTH!

Look for upcoming events next month!!



“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

-John Quincy Adams

How can you be a leader in your home, school, and community??

- \* Do some chores around the house without your parents asking you to do them!
- \* Stand up for what is right and avoid peer pressure! Bullying in schools has become a major problem!! Tell an adult if this is happening to you or someone you know!!
- \* Pick up trash or rake leaves in your community! Help the elderly or a friend in need!

## GEARING UP FOR



### UNSCRAMBLE THE WORDS!!

OLAWHENLE\_\_\_\_\_

MKPISUPN\_\_\_\_\_

EVLASE\_\_\_\_\_

OBLALOTF\_\_\_\_\_

AVIHNTGKGNIS\_\_\_\_\_

URTYK\_\_\_\_\_

# OUR MILITARY KIDS

Our Military Kids provides substantial support in the form of grants to the children of National Guard and Military Reserve personnel who are currently deployed overseas, as well as the children of Wounded Warriors in all branches. The grants from Our Military Kids pay for participation in sports, fine arts, camps, and tutoring programs that nurture and sustain children while a parent is away in service to our country or recovering from injury.

Email address: [OMKInquiry@ourmilitarykids.org](mailto:OMKInquiry@ourmilitarykids.org).

Phone: (703) 734-6654, or toll free (866) 691-6654

Fax: (703) 734-6503

Address:

Our Military Kids, Inc.  
6861 Elm Street, Suite 2A  
McLean, VA 22101



## Military OneSource

Whether it's help with child care, personal finances, tax preparation and filing, emotional support during deployments, relocation information, or resources needed for special circumstances, Military OneSource is available at no cost. The Military OneSource interactive website includes locators for education, child and elder care, online articles, access to free educational books and CDs, referrals to military and community resources, financial calculators, live online Workshops, an option to email a consultant and much more.

Military OneSource is provided by the Department of Defense at no cost to Active Duty, Guard and Reserve Service Members (regardless of activation status) and their Families. It is a virtual extension of installation services.

**[www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)**

**Call 1-800-342-9647**

**Marshay Lawson**

**601-874-4641**

**[marshay.lawson@militaryonesource.com](mailto:marshay.lawson@militaryonesource.com)**

## Military Family Life Consultant (MFLC)

### Adult Military Family Life Consultant-MFLC:

Kyseta Warner-Armstrong

601-850-0417, [kyseta.x.warner-armstrong@healthnet.com](mailto:kyseta.x.warner-armstrong@healthnet.com)

In addition to role of building/enhancing community capacity, provide non-medical, short-term, solution-focused counseling services to individuals, couples, Families, and groups. Facilitate educational groups addressing life skills and military lifestyle topics.

### Child and Youth Behavioral (CYB)-MFLC:

Kerry Johnson

601-497-3128, [Kerry.C.Johnson@healthnet.com](mailto:Kerry.C.Johnson@healthnet.com)

Provide outreach to Families with children to offer parenting and child development education, non-medical counseling and referral, and raise Family and community awareness about the effects of deployment and reunification on children and youth.

## Family Program Personnel

### **State Family Program Director**

MAJ James A Clark

601-313-6379, [james.andrew.clark@us.army.mil](mailto:james.andrew.clark@us.army.mil)

### **Family Programs Specialist**

CSGM Earnest R Norton

601-313-6169, [earnest.norton@us.army.mil](mailto:earnest.norton@us.army.mil)

### **Senior Family Readiness Support Assistant**

Olevia Jane Lyon

601-313-6766, [olevia.lyon@us.army.mil](mailto:olevia.lyon@us.army.mil)

### **State Child and Youth Coordinators**

Allen Pope

601-313-6765, [allen.pope@us.army.mil](mailto:allen.pope@us.army.mil)

Jan Reeves

601-313-6620 [jan.reeves@us.army.mil](mailto:jan.reeves@us.army.mil)

### **Strong Bonds**

SSG James Huffman

601-313-6712, [james.wade.huffman@us.army.mil](mailto:james.wade.huffman@us.army.mil)

### **172nd Airlift Wing Family Readiness**

Marianne Breland

601-405-8211, [marianne.breland@ang.af.mil](mailto:marianne.breland@ang.af.mil)

### **186th ARW Airman and Family Readiness**

Connie Myers

601-484-9623, [constance.myers@ang.af.mil](mailto:constance.myers@ang.af.mil)

### **CRTC Air and Family Readiness**

Charles Carrigan

228-214-6018, [charles.carrigan@ang.af.mil](mailto:charles.carrigan@ang.af.mil)

### **Yellow Ribbon Program Director**

MAJ Joseph Hardman

601-313-6715, [joseph.hardman@us.army.mil](mailto:joseph.hardman@us.army.mil)

For your financial needs contact :

### **Military Family Life Consultant-MFLC:**

Willie McGriggs

601-214-5230, [willie.e.mcgriggs@mhn.com](mailto:willie.e.mcgriggs@mhn.com)

## MSG FAMILY PROGRAMS NEWSLETTER



## What Can The Family Program Office Do For You?

**1410 Riverside Drive**

**Jackson, MS 39202**

*The National Guard values the support and contributions of our Families. Family Programs not only benefit Service Members and their Families, but also have a positive impact on a unit's morale and readiness.*

*The Family Program Office is ready to assist your Family. There isn't a problem, situation or concern that cannot be addressed by this office. You are promised complete confidentiality and professional service in a timely manner.*

**<http://www.jointservicesupport.org/FP/>**  
**Hours: Monday-Friday 8:00am to 4:30pm**



## Family Assistance Offices

### Essential Services:

Family Assistance Centers provide information regarding entitlements, benefits and support. They help simplify the process of accessing needed services and support.

#### 1) Legal Resource and Referral

- Service Member Civil Relief Act
- ESGR

#### 2) Financial Resource and Referral

- understanding Military Pay
- emergency financial assistance
- personal finances & budgeting

#### 3) TRICARE Resource and Referral

#### 4) ID Cards and DEERS

- DEERS & Rapids locations

#### 5) Crisis Intervention and Referral

- domestic abuse / child abuse/neglect
- threat to self and/or others

#### 6) Community Information and Outreach

- child care resources & referral
- connect with Family Readiness Groups
- food pantry referrals

### Family Assistance Specialists

Blenda Gann	601-558-2405	Cp Shelby
Janice Smith	601-558-2883	Cp Shelby
Sumer Works	601-558-2284	Cp Shelby
Johnnie Kimbrough	662-323-5922	Starkville
Katherine Ladner	228-392-9195	St Martin
Laurie Landry	228-392-9195	St Martin
Betty Lambert	228-297-2153	St Martin
Cliff Olson	662-562-6920	Senatobia
Ricky Posey	601-696-8751	Meridian
Bill Shack	662-891-9754	Tupelo
Tootsie North	601-313-6501	Jackson

### Family Assistance Coordinator

Paul Purser      601-313-6502      Jackson

### Family Assistance Emergency Contact

#### After Hours Number:

1-888-288-4898

## Useful Online Resources

### MSNG FAMILY PROGRAM WEBSITE

[www.jointservicessupport.org](http://www.jointservicessupport.org)

### OPERATION: MILITARY KIDS

[www.operationmilitarykids.org](http://www.operationmilitarykids.org)

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[www.operationmilitarykids.org](http://www.operationmilitarykids.org)

### DEERS:

[www.tricare.osd.mil/DEERS](http://www.tricare.osd.mil/DEERS)

### TRICARE:

[www.tricare.osd.mil](http://www.tricare.osd.mil)

### TRICARE DENTAL/UNITED CONCORDIA:

[www.ucci.com](http://www.ucci.com)

### MISSISSIPPI NATIONAL GUARD WEBSITE:

<http://ms.ng.mil/Pages/Default.aspx>

### POST EXCHANGE/BASE EXCHANGE:

[aafes.com](http://aafes.com)

### COMMISSARY:

[www.commissaries.com](http://www.commissaries.com)



**NO FAMILY OR SERVICE MEMBER IS  
EVER TURNED AWAY BECAUSE OF  
STATUS OR BRANCH OF SERVICE.**

## Family Readiness

- \* Preparation
- \* Alert & Call to Duty
- \* Separation
- \* Mission
- \* Reunion
- \* Support/Mentor Family Readiness Groups (FRGs)
- \* Volunteer Training

**FAMILY READINESS CAN BE  
REALIZED THROUGH EDUCATION  
& TRAINING**

### QUALITY OF LIFE

- \* Family Fitness
- \* Nutrition
- \* Exercise
- \* Stress
- \* Parenting Skills



**...ALL ELEMENTS OF FAMILY WELLNESS**

### Vision

To enhance quality of life for National Guard members, their families, and the communities in which they live.

### Mission

To assist Family Readiness Groups and their families to cope with the strains associated with the unit deployment and state emergencies, and to receive necessary assistance from military and civilian resources.